



# Gluten Free Menu

PLEASE MAKE YOUR SERVER AWARE YOU ARE ORDERING FROM  
THE GLUTEN FREE MENU SO THEY CAN ENSURE ANY ADJUSTMENTS ARE MADE TO DISHES.

## MEZE LUNCH

MON - FRI | 11 - 4 | ANY 3 MEZE DISHES FOR 14.95

### PADRON PEPPERS | **VE** |

Chargrilled padron peppers,  
sea salt, olive oil

### DOLMADES | **VE** |

Vine leaves, rice, olive oil,  
parsley, lemon

### GREEK OLIVES & CHILLIES | **VE** |

Marinated mixed olives,  
mild green chillies

## APPETISERS

### PADRON PEPPERS | **VE** | 6.95

Chargrilled padron peppers,  
sea salt, olive oil

### DOLMADES | **VE** | 6.25

Vine leaves, rice, olive oil,  
parsley, lemon

### GREEK OLIVES & CHILLIES | **VE** | 4.95

Marinated mixed olives,  
mild green chillies

## STARTERS

### KING PRAWN SAGANAKI | **D** | 11.95

Tomato, ouzo, feta, herbs,  
gluten free bread

### GARLIC MUSHROOMS | **V** | **D** | 9.50

Pan-fried mushrooms, garlic,  
cream, tarragon, gluten free bread

## MAINS

### **NEW!** GRILLED SWORDFISH 20.50

Roasted peppers & red onion tomato  
& kalamata dressing, basil

### MEXTAXA CHICKEN | **D** | 19.50

Pan-fried chicken breast, Mextaxa brandy  
& mushroom sauce, herb rice

### **NEW!** SUMMER RISOTTO | **VE** | 15.95

Spinach, courgette, carrot, olives,  
peas, rocket, lemon

### **NEW!** MEDITERRANEAN

### ORANGE SALAD | **GF** | **V** | **D** | 14.50

New potatoes, rocket, kalamata olive, fennel, orange salad

### **NEW!** SUPERFOOD SALAD | **V** | **D** | 14.95

Quinoa, mint balsamic, spinach, mixed leaves, toasted  
pumpkin seeds, avocado, cherry tomatoes, cucumber

### GREEK SALAD | **V** | **D** | 14.95

Feta, tomatoes, cucumber, olives, red onion,  
olive oil, oregano

## TRADITIONAL GREEK

### LAMB KLEFTICO 24.50

Slow roasted braised lamb  
on the bone, red wine jus,  
Greek style roast potatoes,  
root vegetables

## GRILL

### FILLET 7oz 32.95

Chargrilled fillet steak, watercress,  
confit tomato, seasoned fries

### SIRLOIN 8oz 27.95

Chargrilled sirloin steak, watercress,  
confit tomato, seasoned fries

## SIDES

### Greek roast potatoes | **VE** | 4.50

### Seasoned fries | **VE** | 4.95

### Sweet potato fries | **VE** | 5.25

### Halloumi fries & honey dip | **V** | **D** | 8.95

### Herb rice | **VE** | 4.95

### House salad | **VE** | 4.95

### Roasted root vegetables | **VE** | 4.95

If you have an allergy or intolerance listed or not listed on the menu, please let your server know before placing any order. Every care is taken to avoid any cross contamination when processing specific allergen free orders, we do however work in a kitchen that processes allergenic ingredients and do not have a specific allergen free zone or separated dedicated fryers.

**N** Contains nuts or nut oils.  
Although dishes without this symbol are made without nuts, there is a possibility that traces of nuts may still be found in them.

**V** Suitable for Vegetarians  
**VE** Suitable for Vegans  
**D** Contains Dairy